



## An Introduction to Race, Racism and Becoming Anti-Racist

"**Anti-racism** is the active process of identifying and eliminating racism by changing systems, organizational structures, policies and practices and attitudes, so that power is redistributed and shared equitably." - NAC International Perspectives: Women and Global Solidarity

To introduce the concept of **white privilege**:

White Privilege: Unpacking the Invisible Knapsack, Peggy McIntosh  
<https://www.racialequitytools.org/resourcefiles/mcintosh.pdf>

Discussion Questions:

Think about a time in your life when you were aware of your white privilege  
How did you feel?  
What did you do?  
What do you think about it now?

Think about a time when you observed others displaying their white privilege  
How did you feel?  
What did you do?  
What do you think about it now.

"A **bias** is a tendency, inclination, or prejudice toward or against something or someone. Some biases are positive and helpful—like choosing to only eat foods that are considered healthy or staying away from someone who has knowingly caused harm. But biases are often based on stereotypes, rather than actual knowledge of an individual or circumstance. Whether positive or negative, such cognitive shortcuts can result in prejudgments that lead to rash decisions or discriminatory practices."

*We all have **biases** take this [Harvard test](#) to learn more about your implicit biases*

### Books to begin with

Stamped From the Beginning: Ibram X. Kendi  
How to be an Anti-Racist: Ibram X. Kendi  
The New Jim Crow: Michelle Alexander  
So You Want to Talk About Race? by Ijeoma Oluo  
A People's History of the United States: Howard Zinn  
White Fragility: Robin Diangelo

### Next Steps:

Where do we go from here Part 1 ([OWN](#))  
Where do we go from here Part 2 ([OWN](#))

26 things to do: [http://www.tikkun.org/oldsite/wp-content/uploads/2014/12/beyondthestreets\\_final\\_small.pdf](http://www.tikkun.org/oldsite/wp-content/uploads/2014/12/beyondthestreets_final_small.pdf)

Even more books and movies: <https://www.cnet.com/news/black-lives-matter-movies-tv-shows-and-books-on-systemic-racism/>



**So you want to have a movie night....**

**Movies/Documentaries:**

- 13th (Netflix)
- When They See Us (Netflix)
- Just Mercy (Amazon Prime)
- I Am Not Your Negro (Netflix)
- 12 Years a Slave (Netflix)
- Dear White People (Amazon Prime)

What does this bring up in you?

What stood out to you?

What parts of this show challenged you?

How will you act differently with this knowledge?



## Media Resources on Racism in America

### Shorter Videos

- Color Blind or Color Brave ([TED talk](#))
- The Danger of a Single Story ([TED talk](#))
- The Urgency of Intersectionality ([TED talk](#))
- An Interview with the Founders of Black Lives Matter ([TED talk](#))
- How to deconstruct racism, one headline at a time ([TED talk](#))
- What it takes to be racially literate ([TED talk](#))
- How to overcome our biases? Walk boldly toward them ([TED talk](#))
- Courage is Contagious ([TED talk](#))
- The real story of Rosa Parks and why we need to confront myths about black history ([TED talk](#))
- The symbols of systemic racism and how to take away their power ([TED talk](#))
- The little problem I had renting a house ([TED talk](#))

### Podcasts

- “Whistling Vivaldo” and Beating Stereotypes ([NPR](#))
- White Lies ([NPR](#))
- Still Processing: Kaepernick (available on Spotify, Apple Podcasts, etc.)



## At the intersection of LGBTQI and Race

The assumptions of white privilege and what we can do about it by Bryan Massingale.

<https://www.ncronline.org/news/opinion/assumptions-white-privilege-and-what-we-can-do-about-it>

*The Fire Next Time*, by James Baldwin (1963) *This book contains two essays, one about race and racism in US history, and one about the connection between race and religion.*

*Zami: A New Spelling of my Name*, by Audre Lorde (1982) *This is an autobiographical book by black, lesbian, feminist Audre Lorde.*

*Black on Both Sides*, by C. Riley Snorton (2017) *Describes the intersection of black and trans identifies from the 19<sup>th</sup> century to today.*

*Unapologetic: A Black, Queer and Feminist Mandate for Radical Movements*, by Charlene Carruthers (2018) *The intersection in the movement for black, queer and feminist liberation*

*No Tea, No Shade* (2016) *A collection of essays from the scholars, activists and community leaders during work on the intersection between black, gender, and sexuality.*

*Since I laid My Burden Down*, by Brontez Purnell (2017) *memoir of the intersection of black, male and queer, among other intersecting identities.*

*Time on Two Crosses: The Collected Writings of Bayard Rustin* (2015) *Bayard Rustin was the openly gay organizer of the March on Washington*

*Redefining Realness*, by Janet Mock (2014) *Memoir of a television host, director, producer and transgender rights activist*

*Black. Queer. Southern. Women: An Oral History* by E. Patrick Johnson (2018) *This book chronicles the intersection between race, gender, sexuality and class in the South.*

WaterTea: LGBTQI+ Right's and Racism's Wrongs: <https://soundcloud.com/water-womens-alliance/june-23-2020-water-tea> featuring Jane Adams Spahr and Kelly Stewart



## At the intersection of Catholic and Race

Bryan Massingale: The assumptions of white privilege and what we can do about it:

<https://www.ncronline.org/news/opinion/assumptions-white-privilege-and-what-we-can-do-about-it>

An Antiracist reading list from NCR: <https://www.ncronline.org/news/opinion/ncr-today/anti-racism-reading-list-ncr>

Bryan Massingale: Racial Justice and the Catholic Church (Book)

Know Justice, Know Peace: A Jesuit Anti-racist retreat. <https://thejesuitpost.org/2020/07/know-justice-know-peace-a-jesuit-antiracism-retreat/> *This virtual, four week retreat, provides videos and questions for personal reflection. This is appropriate for individuals and could also be incorporated as a community activity.*

Being Catholic and Black: Sr. Nicole Trahan, FMI:

[https://www.youtube.com/watch?v=bBrS\\_RcXWM&feature=emb\\_logo](https://www.youtube.com/watch?v=bBrS_RcXWM&feature=emb_logo)

Catholic 101: Church Teaching and the Anti-Racist Movement:

<https://thejesuitpost.org/2020/07/catholic-101-should-a-catholic-be-an-antiracist/>

The Preferential Option for the Removal of Statues: <https://www.ncronline.org/news/opinion/faith-seeking-understanding/preferential-option-removal-statues>

The Duty of White Christians is to Dismantle the Idolatry of Racism:

<https://www.ncronline.org/news/opinion/duty-white-christians-dismantle-idolatry-racism>

To fight racism, Catholics must hunger for justice like we do for the Eucharist:

<https://www.americamagazine.org/politics-society/2020/06/01/fight-racism-catholics-must-hunger-justice-we-do-eucharist>

The Color of Compromise: The Truth About the American Church's Complicity in Racism by Jemar Tisby (2020)